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RESO MAGAZINE

The Magazine for Thinkers & Change - Makers

August 2026

Vol. 02, Issue - 06

# RESO GLOBAL LEADERSHIP

## SOCIAL RESILIENCE

Society, Care, and Human Resilience

*Purpose through Compassion*

*The Power of Presence*

*The Heart of Service*

*When Compassion Becomes Action*

*Humanity Beyond Care*

*Social Cohesion*

***Michelle Wilder, MBA***
***Author | Philantrophist | Healthcare Leader***

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# *Editorial Vision*

***RESO Magazine envisions a platform for critical thought and transformative dialogue on social crises and global leadership. We promote empathetic leadership, including women's voices—while fostering self-growth, social awareness, and intellectual exchange. We aim to inspire change-makers to address contemporary challenges with insight, responsibility, and a commitment to equitable development.***

## *Editorial Team*

***Editor in Chief: Dr. Surender Kumar***
***Country: India***
***Website: www.resoresearch.org***
***Personal Vision: Global reach of societal awareness in modern times***

***Editorial Director: Gitta Toussi***
***Country: United States***
***Website: 1worldinfreedom.com***
***Personal Vision: Possibility begins with thoughtful alignment***

***Editor's Note:***
***Special thanks to Owen Fernandes for introducing authors who contributed to this edition.***

# *Purpose in the Hardest Places: Walking Beside Families with a Child on Hospice*

*Michelle Wilder, MBA*
*Author, Philantrophist, Healthcare Leader*
*USA*

*OpenAIRE*

*<u>The Transformative Power of Purpose / Building  Resilience and Finding Joy in Service</u>*

*Purpose often reveals itself in the places most people never see. My own path through healthcare spanning AI, IT, and the deep human work of compassionate presence has shown me that innovation and empathy are not opposites. They are partners. Technology can illuminate patterns, but only people can illuminate pain. And in pediatric hospice, purpose becomes something lived rather than imagined.*

*Supporting families with a child on hospice is one of the most profound forms of service a person can offer. It reshapes your understanding of what it means to stand beside someone when life becomes unbearably fragile. Families entering pediatric hospice step into a world suddenly defined by uncertainty, tenderness, and the desire to make every remaining moment meaningful. Their days become a delicate balance of fear and fierce love.*

*In these moments, the role of a supporter is not to fix the unfixable. It is to be present. Purpose emerges in the quiet courage of showing up, listening without rushing, and offering comfort without conditions. Being present teaches us that purpose is not found in perfection. It is found in the willingness to sit with someone's pain, to hold space for their grief, and to honor their experience with dignity. Compassionate presence becomes a form of leadership, one rooted not in authority, but in love.*

*This belief is also the foundation of The Place of Possibility, where I serve on the Board and do much of the fundraising for this 501(c)(3) founded in the United States. Through theplaceofpossibility.org, we work to ensure that families with a child on hospice are seen, supported, and surrounded by a community that understands the weight they carry. Our mission is built on possibility, even in the hardest places.*

*I think the heart of this work—and the heart of my own journey—is the conviction that living life with purpose makes us not only resilient but deeply fulfilled. Purpose brings meaning. Meaning brings happiness. And happiness, even in small and quiet forms, becomes a source of strength.*

*In the end, purpose is not a destination. It is a way of living, defined by presence, empathy, and the unwavering commitment to help others carry what no one should carry alone.*

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# *Religion and Social Cohesion – A Sociological Reflection*

*Dr. Massoud Toussi, M.D.*
*Author | Entrepreneur | Anesthesiologist*
*Germany*

*OpenAIRE*

*The question of religion's role and its relationship to social cohesion is one of the fundamental subjects of sociology. For quite some time, I have been particularly interested in the influence of religious belief systems on human coexistence.*

*Throughout history, numerous religions and belief systems have emerged. Among the oldest and most influential are Hinduism, Judaism, Zoroastrianism, Christianity, and Islam. Despite their different historical origins, theological concepts, and cultural traditions, they share a common objective: to provide people with moral guidance and to promote peaceful, just, and harmonious coexistence.*

*To achieve this goal, religions employ various ethical principles, commandments, and prohibitions. Although Hinduism recognizes many deities, this diversity ultimately reflects a belief in a single, all-encompassing universal reality or world soul. Judaism, Christianity, and Islam, by contrast, are monotheistic religions centered on the belief in one God.*

*While the core ethical teachings of many religions—such as compassion, justice, and love of one's neighbor—have much in common, history also demonstrates that religious convictions have at times been used to justify violence, persecution, and destruction. Some religious traditions emphasize enlightenment, mercy, and love, whereas, in certain historical periods, others—or more precisely, some of their followers—have engaged in intolerance, coercion, warfare, and the persecution of those who held different beliefs. Such actions have often been carried out in God's name.*

*This raises a fundamental philosophical question. If human beings are inherently imperfect and therefore prone to error, while God is understood to be omnipotent and perfect, why has there been a need throughout history for successive prophets, revelations, or religious reformers? Why has the same divine truth been proclaimed in different ways, at different times, and in different cultures? These questions may never receive universally accepted answers, yet they remain of profound sociological and philosophical significance.*

*This leads to another important question: Could social cohesion and lasting peace be achieved more effectively if our shared humanity took precedence over our religious affiliations? Might a society that places universal values—such as compassion, mutual respect, responsibility, and human dignity—above religious differences prove to be more peaceful and resilient in the long run?*

*These reflections are not intended as a criticism of religion or of personal faith. Rather, they are an invitation to consider the relationship between religion, identity, and our common humanity. Perhaps the greatest challenge facing modern societies is not to overcome religious diversity, but to recognize the human being as the common foundation of our moral and social life, despite our differences.*

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# *BLUE GOLD: The World's Water Challenge*

## *Episode 1 — The Global Water Scenario*

***Dr. Santhanakrishnan Sarangapani - M.Sc., M.Sc., Ph.D., MBA***
***Chief operating Officer - The National Detergent Company SAOG***
***Muscat - Sultanate of Oman***

***OpenAIRE***

"Water has no colour, yet it paints the future of every nation.
It has no voice, yet its absence speaks through drought and despair.
It belongs to no one, yet every life depends upon it.
Perhaps the greatest wealth of tomorrow will flow from what we call Blue Gold."

Water has always been the quiet foundation of civilisation. Cities were born beside rivers, agriculture flourished around fertile watersheds, and great economies developed wherever reliable water was available. Yet today, water is no longer simply a natural resource. It is becoming one of the defining strategic challenges of the 21st century.

We often describe oil as "black gold." But the resource that may ultimately determine the prosperity, health, and stability of nations is far more fundamental: water — our Blue Gold.

The paradox is striking. More than 70% of our planet is covered by water, yet only a tiny fraction is readily available as freshwater for human use. Meanwhile, population growth, urbanisation, industrialisation, intensive agriculture, pollution and climate change are placing unprecedented pressure on freshwater resources. According to the latest UN-Water data, around 2.1 billion people still lack safely managed drinking water, while billions more lack adequate sanitation.

The challenge is not simply that the world is "running out of water." Water is continuously renewed through the hydrological cycle. The real crisis is one of availability, accessibility, quality, timing, and management.

Some regions are experiencing devastating floods while others are suffering prolonged drought. Some countries have abundant freshwater but inadequate infrastructure. Others possess sophisticated technology but face severe physical water scarcity. Agriculture alone accounts for roughly 72% of global freshwater withdrawals, making food security inseparable from water security.

Climate change is adding another layer of uncertainty. Rainfall patterns are shifting, droughts are intensifying, glaciers are retreating, and extreme floods are becoming increasingly disruptive.

Water therefore sits at the intersection of almost every major global challenge: food, energy, health, industry, ecosystems, migration and economic development.
The question facing humanity is no longer simply, "Do we have enough water?"

It is: "Can we manage the water we have — wisely, equitably and sustainably?"
To understand the answer, we must first look beyond national borders and examine how differently water is distributed across our planet.

Episode 2 — Will be on - A Planet of Water, Yet a World of Water Scarcity

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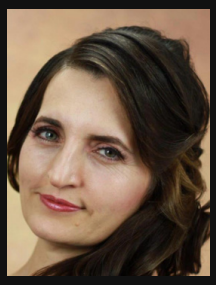
# *Normalization of Social Drugs and the Impact on Decision-Making Processes*

*Gitta Toussi, Executive MBA*
*Transformational Leadership Architect | Strategic Agile Coach & Founder*
*Washington, D.C.*
*https://www.1worldinfreedom.com*



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*Many substances are clearly medically identified as drugs and are meant to be used only under a doctor's prescription because of their potentially severe side effects.*

*What about alcohol and tobacco? Both are medically considered drugs and are sold worldwide, often attractively packaged and socially normalized. Are we assuming that, from a particular age onward, individuals are considered capable of making level-headed decisions about purchasing or accepting these substances? Along with this comes the principle of personal accountability: freedom of decision-making accompanied by responsibility for one's own choices, actions, and what one chooses to expose oneself and others to.*

*Yet somehow, teenagers manage to get their hands on tobacco and alcohol. Even without their personal consent, infants and children can be exposed to tobacco smoke and liquor residues—the smell or taste that can remain on adults, clothing, or household surfaces.*

*Statistics and research from organizations such as the WHO and IHME demonstrate concerning outcomes associated with alcohol and tobacco use. These impacts extend beyond physical health and can intersect with areas such as healthy emotional development, self-discipline, self-worth, and personal accountability.*

*Hence, an important question: if society normalizes the use of substances that are legally recognized as drugs, while simultaneously placing responsibility for their use on the individual, how much consideration do we give to the potential effects these substances may have on the very capacities that support responsible decision-making?*

*When children grow up in an environment where alcohol and tobacco use—and the full-fledged effects beyond biological risks—have been normalized, it is not guaranteed that self-correction will succeed in the long run to value and respect life, oneself, and interconnection.*

*What happens when what surrounds us from an early age becomes what we perceive as normal? And how much of what we later consider to be our own decisions has already been shaped by what we were repeatedly exposed to, accepted, and normalized?*

*The decision-making process around the purchase and use of alcohol and tobacco remains a global issue, with some people justifying as: "We all die anyway."*

*Yes, death is guaranteed. What are we, as individuals, doing, though, to care for the gift of life with accountability?*

*How about normalizing being accountable for taking care of our lives? Let's explore the social impact on normalizing healthy behaviors and decision making.*

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# *Leadership Challenges in Funding and Implementing AI Technology*

*Ritu G Chopra*
*Leader in Tech - AI Ethics & Governance, Author, Executive Coach, Humanitarian, USA*
*www.rituchopra.com*

*OpenAIRE*

*Artificial intelligence promises transformative gains — smarter decision-making, streamlined operations, and entirely new business capabilities. Yet for leaders, turning that promise into reality is far from straightforward. Funding and implementing AI technology introduces a unique set of challenges that test strategic judgment, organizational readiness, and long-term vision.*

*The critical challenge for leadership is justifying investment. AI initiatives often require substantial upfront costs: specialized talent, robust data infrastructure, cloud resources, and ongoing model maintenance. Leaders must balance ambition with pragmatism. This requires clear communication about longterm value, risk tolerance, and how AI aligns with broader organizational strategy.*

*Another challenge lies in prioritizing the right use cases. Leaders must distinguish between projects that genuinely solve business problems and those that merely showcase technology. An effective approach to prioritization requires strong collaboration, a deep understanding of operational issues, and strategic relevance to initiatives under consideration.*

*Investments and implementation require stakeholders' involvement and commitment throughout the processes. Leaders must champion data governance, invest in modern architecture, and foster a culture that treats data as a strategic asset, making sure the new processes are understood and followed.*

*Integrating AI into existing workflows requires redesigning business processes, training staff, and continuous feedback loops. Change management becomes just as important as technical execution.*

*Finally, leaders must navigate ethical and regulatory considerations. Implementing AI responsibly means addressing bias, ensuring transparency, and protecting privacy — all while keeping pace with evolving regulations. This adds another layer of complexity to funding decisions and implementation plans.*

*In conclusion, AI adoption is not just a technical achievement for the organization, but a leadership initiative in the long run. Thoughtful and responsible implementations of AI become sustainable and trustworthy systems.*

*Effective leadership ensures AI strengthens public trust, enhances government effectiveness, and delivers meaningful societal impact.*

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# *Dr. B. R. Ambedkar: Architect of Social Justice*

***Dr. Surender Kumar***
***ALA Fellow Melbourne University Australia***
***India***

***OpenAIRE***

Dr. Bhimrao Ramji Ambedkar was one of the most influential thinkers, jurists, and social reformers in modern Indian history. Born on 14 April 1891, he experienced social discrimination from an early age. These experiences deeply influenced his lifelong struggle against caste inequality and social exclusion.

Ambedkar believed that political freedom could not have real meaning without social and economic equality. He argued that a democratic society must guarantee dignity, liberty, and equal opportunities to every individual. Education was central to his vision. He encouraged oppressed communities to acquire knowledge because he considered education an important means of challenging inherited social hierarchies.

As the chairman of the Drafting Committee of the Constituent Assembly, Ambedkar played a major role in shaping the Indian Constitution. The Constitution established principles of equality before the law, fundamental rights, and protection against discrimination. His contribution was not limited to constitutional law; he also wrote extensively on caste, religion, economics, labor, and democracy.

Ambedkar's critique of the caste system remains particularly important in understanding Indian society. He maintained that caste was not simply a division of labour but a system that divided people into unequal social groups. His ideas therefore went beyond demands for legal reform and called for a deeper transformation of social relationships.

His legacy continues to influence debates about social justice, education, representation, human rights, and democracy. Ambedkar's life demonstrates how scholarship can become a powerful instrument of social change. His message remains relevant because democracy requires more than elections and institutions; it also requires respect for human dignity and equality in everyday life.

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Foreword by Raymond Aaron | New York Times BestSelling Author
BENEATH THE SURFACE
Unveiling Secrets of Fame, Faith, and Untold Stories
MICHELLE WILDER
AWARD-WINNING AUTHOR
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*Beneath the Surface: Unveiling Secrets of Fame, Faith, and Untold Stories invites readers on a deeply human journey through the hidden layers of resilience, grace, and truth. Michelle Wilder, known for her intuitive storytelling and unflinching honesty, lifts the veil on the moments that define strength—those lived in silence, behind smiles, and far from the spotlight.*

*From the orange groves of Florida to the high-rises of New York City and the glittering promise of Los Angeles, Michelle weaves together history, faith, and personal transformation with authenticity and heart. Through stories of family legacy, friendship, fame, and heartbreak, she explores how resilience takes root in adversity—and how forgiveness, courage, and love can heal even the deepest wounds.*

*Readers meet unforgettable figures along the way: pioneers who shaped Florida's history, artists and dreamers who chased purpose through chaos, and women who rose from betrayal and loss with dignity and grace. These stories—some personal, some shared—echo the universal truth that we all hold light and darkness within us, and that both are needed for growth.*
*Through vivid storytelling and moments of introspection, Beneath the Surface reveals that resilience isn't just surviving life's storms—it's learning to dance in the rain, to listen deeply, and to rise stronger than before.*

*This book will resonate with anyone who has faced adversity, rebuilt from heartbreak, or simply longed to understand how faith and hope intertwine beneath the surface of ordinary lives. It's an inspiring reminder that while pain may shape us, it does not define us—and that through compassion, connection, and courage, we find our way back to light.*

*Beneath the Surface is not just a memoir; it is a reflection, an awakening, and a tribute to the indomitable human spirit.*

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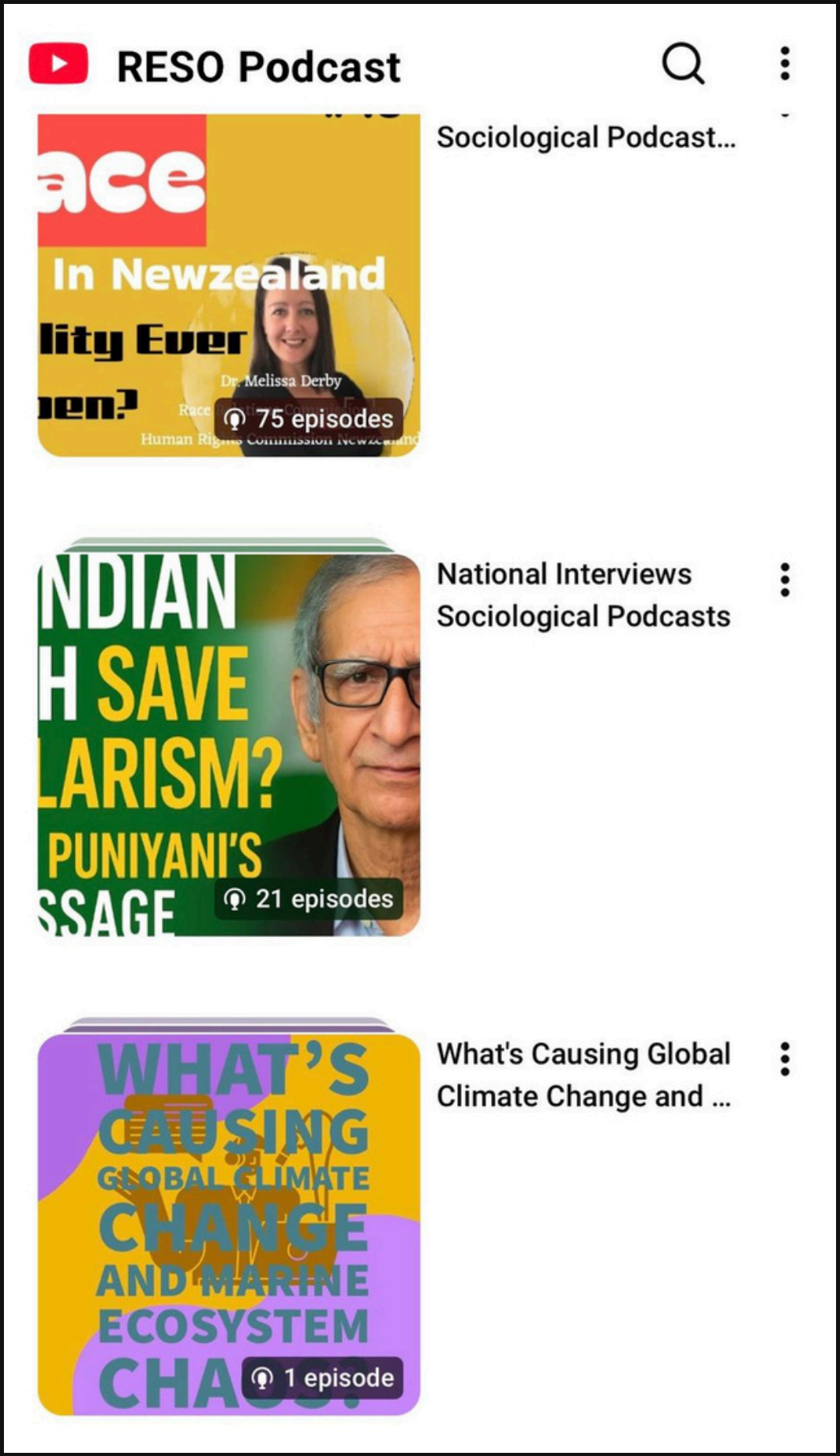

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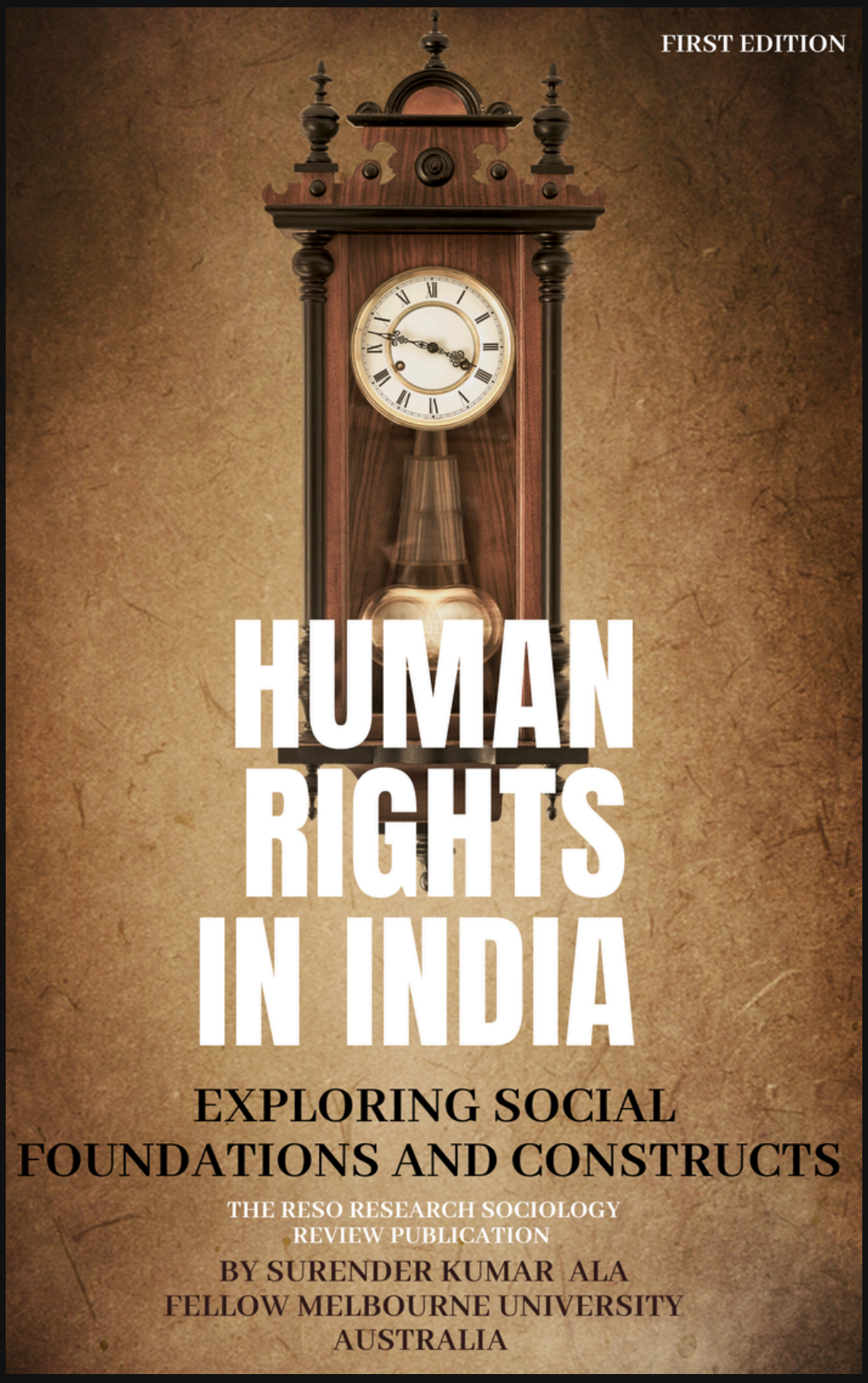


https://books2read.com/u/3GExGP

*Dr. Massoud Toussi, MD*

*The Influence of Different Quartz Dust Concentrations, with an Equal Total Dust Dose, on Dust Retention and Its Effects on Lung Tissue in Rats.*

** 1974: Board-certified specialist in Pediatrics and Head of the Medical Department of the Iranian Tobacco Company.*
** 1978: Board-certified specialist in Anesthesiology, Protestant Hospital, Bünde, Germany.*
** 1981: Founded Elto Marketing GmbH. Germany.*
** 1988: Founded Lato Inc., USA.*
** 1989–2005: Private practice as a board-certified anesthesiologist, Germany*

*==========*

*HEINRICH HEINE UNIVERSITY DÜSSELDORF*
*Faculty of Medicine*

*During the term of office of the Rector Magnificus*

*Anja Steinbeck*
*Doctor of Laws, Professor of Law,*

*upon resolution of the Faculty of Medicine, I, the Dean (Decanus Spectabilis),*

*Nikolaj Klöcker*
*Doctor of Medicine, Professor of Physiology,*

*hereby confer upon the highly esteemed, exceptionally experienced, and distinguished physician*

*Massoud Toussi*

*the degree of Doctor of Medicine, which was originally awarded by the Faculty fifty years ago, and hereby renew this degree with the highest honor and esteem, together with all the distinctions, dignity, and obligations associated with it.*

*Issued in Düsseldorf*
*in the month of February*
*in the year of Our Lord 2017.*

Dr. M. Toussi

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